

# **Risky behaviour**

Time	_ to	_ (7 mins)
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## **Equipment needed**

- · PowerPoint slides 5.5 to 5.7
- · Film clip 5.1

#### Talk about

Things have changed since many of us were teenagers. One psychologist said:

When I was a teenager it was as if I was walking down a corridor with doors either side. The doors had labels: 'Alcohol', 'Gambling', 'Sex', 'Drugs'. But all the doors were locked. Occasionally I would hear from one of my friends who had gone through a door into one of the rooms, but if that happened, it was a big deal ... Today's teenager walks down that corridor, but all the doors are open – and their friends are in the rooms shouting out, 'What are you doing out there? Come on in!'<sup>4</sup>

And of course there are some new doors as well - the internet hadn't been invented when most of us were teenagers. It has opened doors to

The video tells the story of a mum who was worried about what her

teenage daughter was doing when she got in with a different crowd

of friends. The mum was concerned about drinking, relationships and even pregnancy. There are plenty of other things that we may worry



Slide 5.5



Film clip 5.1: Parentalk 5 - My Story

good things but also to new risks as well,

## Talk about

about as well.

RISKY BEHAVIOUR

What risky behaviour do you worry about?

Slide 5.6



What risky behaviour do you worry about?

Write their ideas on the flip chart.



DrugsDrinking

Drinking
 Sex
 Online dangers
 Sexting

RISKY BEHAVIOUR

Gambling
 Crime (shoplifting, drug dealing)

Slide 5.7

### Ideas

- Drugs
- · Drinking
- Sev
- · Online dangers
- · Sexting/sending nudes
- Pornography
- Gambling
- · Crime (shoplifting, drug dealing)

**5.6** © Care for the Family